



## Royal North of Ireland Yacht Club

### RS 200/400 Northern Ireland Championships

1<sup>st</sup> / 2<sup>nd</sup> May 2010

#### SAILING INSTRUCTIONS

##### **1. RULES**

- 1.1 The regatta will be governed by the 'rules' as defined in the Racing Rules of Sailing 2009-2012 (RRS), the rules of the class, the notice of race and these sailing instructions (SIs). In the event of dispute the SIs will prevail.
- 1.2 The event is designated Category 'A' advertising.

##### **2 NOTICE TO COMPETITORS**

- 2.1 Notices to competitors will be posted on the Official Notice Board(s) located at the Royal North of Ireland Yacht Club entrance foyer.

##### **3. REGISTRATION & BRIEFING**

Registration will take place between 08.30 and 09.45 on Saturday 1st May 2010 in the race office.  
Briefing will take place in the bar area of the Royal North of Ireland Yacht Club at 10.00 on Saturday 1st May 2010.

##### **4. CHANGES IN SAILING INSTRUCTIONS**

- 4.1 Any change to the Sailing Instructions will be posted before 08.30 on the day it will take effect, except that any change to the Schedule of Races will be posted by 20.00 on the day before it will take effect.

##### **5. SIGNALS MADE ASHORE**

- 5.1 All signals made ashore will be displayed on the flagpole at RNIYC.  
5.1.1 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes hour' in race signal AP.

##### **6. SCHEDULE OF RACES**

- 6.1 The schedule of races and the times of warning signals are: -

Saturday 1<sup>st</sup> May. LW Belfast = 08.38 BST HW Belfast = 14.47 BST

- Race 1 WS - 11:55  
Race 2 following the end of Race 1  
Race 3 following the end of Race 2

Sunday 2<sup>nd</sup> May. LW Belfast = 09.22 BST HW Belfast = 15.32 BST

- Race 4 WS - 10.25  
Race 5 following the end of Race 4  
Race 6 following the end of Race 5

In the event of adverse weather conditions, the Race Committee reserves the right to sail extra races on any day. The maximum sailed in any day will be 4 races.

- 6.2 To alert boats that a race will begin soon, an orange flag will be displayed with one sound for at least four minutes before a warning signal is displayed.
- 6.3 No race will start after 14:30 on Sunday 2<sup>nd</sup> May.
- 6.4 The starting sequence will be RS400, to be followed 5 minutes later by the RS200s

## **7. CLASS FLAGS**

7.1 The Class flag will be ICF 'F' for RS400 and ICF 'T' for RS200.

## **8. RACING AREA**

8.1 The course area will be on Belfast Lough in the vicinity of RNIYC.

## **9. THE COURSE**

9.1 Course will be as per the attached course diagram. See addendum 'A'.

9.2 The course for the RS400 will be an outer loop trapezoid, with windward mark 1, followed by 3 laps of the loop – **1,2,3,2,3,2,3,4,F** – RS400s **must not sail** through the start line whilst sailing on the outer loop – this does not apply to the RS200s.

The course for the RS200 will be simple windward leeward, 2 laps – **1,4,1,4,F**

## **10. MARKS**

10.1 Marks will be large black Inflatable Buoys.

10.2 As per RS Association rules, hitting any mark other than that of the start or finish line, will not be penalised.

## **11. STARTS**

11.1 The Starting Line will be between the main mast of the Committee Boat displaying an orange flag and a red and white striped pole in another vessel at the outer end of the line or in the absence of this vessel an orange buoy at the Outer limit.

11.2 An Inner Distance Mark (IDM) may be laid approx 15 metres from the Committee Vessel – this will be an inflatable mark. The IDM (if laid) will be a mark of the course.

11.3 After the 1 minute signal for each start, no yacht may pass between the IDM and the Committee Vessel it guards. Any yacht infringing this rule must sail to the pre-start side of the start line around either end of the line before starting.

11.4 The areas between the IDM the Committee Vessel does not rank as an obstruction.

11.5 A boat starting later than 4 minutes after the starting signal will be scored Did Not Start. This changes RRS A4.1.

## **12. THE FINISH**

12.1 The finishing line will be between the main mast of the Committee Vessel which will fly a blue flag, along with code flag 'S' if the course has been shortened.

12.2 Shortened course:-

For the RS 400 fleet, a shortened course will be in accordance with RRS32.2.

For the RS200 fleet, competitors are advised to look to the committee vessel after rounding Mark 4 to see if the 'S' flag is being flown as there is no provision for crossing the start/finish line on legs from Mark 4 to Mark 1.

## **13. TIME LIMITS**

13.1 The time limit for each race is 75 minutes. If one boat finishes within the time limit there will be an additional 15 minutes allowed. Boats finishing outside the time limit will be scored Did Not Finish. This changes RRS 35.

## **14. PROTESTS & REDRESS**

14.1 Protest forms will be available from the Race Office situated in the foyer of the Royal North of Ireland Yacht Club. They must be lodged in writing with the Race Office within 90 minutes of the last boat finishing the final race of that day. The Protest Hearing time will be posted on the Club Notice Board.

14.2 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties to a hearing or named as witnesses. It shall be the responsibility of competitors to check the notice board for such notices.

14.3 The protest committee is empowered to award lesser penalties than prescribed in the RRS.

## **15. SCORING**

15.1 The low point scoring system of Appendix A will apply.

15.2 Three races shall constitute a series. If 4 races only are completed all races will count towards a boat's score. If five or more races are sailed there shall be one discard.

## **16. SAFETY REGULATIONS**

16.1 Safety Tallys – competitors are to adhere to the Tally procedure to be explained at the Briefing.

16.2 Competitors shall at all times wear adequate buoyancy jackets when afloat.

16.3 If a competitor is seen to be struggling sufficiently badly with the conditions, eg repeated capsize, the safety boats may request they go ashore. If this instruction is ignored, and the boat gets into further difficulty, the boat will be abandoned and the crewmembers taken ashore, and the boat left for recovery later.

## **17. DISCLAIMER OF LIABILITY**

### **17.1 GENERAL**

A boat is entirely responsible for her own safety, whether afloat or ashore, and nothing, whether in the Notice of Race or Sailing Instructions or anywhere else, reduces this responsibility. It is for the boat to decide whether she is fit to sail the conditions in which she will find herself. By launching or going to sea, the boat confirms that she is fit for those conditions and her crew is competent to sail and compete in them. The boat is required to hold adequate insurance and in particular to hold insurance against third party claims in the sum of at least £2,000,000 (or its equivalent in any other currency) and such insurance shall be valid for the helmsperson who will be racing her. Nothing done by the organisers can reduce the responsibility of the boat nor will it make the organisers responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of the boat taking part in the racing. The organisers encompass everyone helping to run the race and the event, and include the organising authority, the race committee, the race officer, patrol boats and beachmasters. The provision of patrol boats does not relieve the boat of her responsibilities.

## **18. PRIZES**

18.1 The presentation of prizes will take place following the end of protest time on Sunday 2nd May 2010 at the Royal North of Ireland Yacht Club.